

Irish Spring - "Asian"

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Snare $\text{H} \frac{12}{8}$

R R R R R R R... R R L R L L L L L L... L L R L

R R R R R R R R L R L L L L L L L L R L R R R R R R R R L R L L L L L L L L R L

R R R R R R R L L L L L L L L L R R R L L L R R L L R R L L R R R L L L R

Purpose: The purpose of this exercise is to improve your triple stroke quality, as well as your hand to hand transfer consistency. This is the third of three variations of this exercise. Try getting together with friends and splitting Irish, Asia, and African all simultaneously. It sounds awesome and is a lot of fun!

Notes: This exercise should be relaxed with very legato stick motions. At higher tempos, consider setting your metronome to click once every two beats to help maintain that laid back feel. Really work on bringing out the 2nd and 3rd notes of each each triple stroke.

One of the most common errors in this exercise is morphing the double stroke rhythm just before the hand to hand transfer. This is an excellent exercise in 'finishing the phrase' -- the last double before the alternating eighth notes should be played with the same exact meter as the preceding triple strokes.