Purpose:
The purpose of this exercise is to destroy your brain! Make sure you learn this one while marking time. Once you have this exercise mastered, you should know exactly how your feet (i.e. the pulse) line up with the accents. Some things to think about:

1) Stick motion:
Do your sticks move exactly the same way for every tap? How about for every accent?

2) Sound Quality:
Does every tap stroke sound the same? How about from left to right hand? Make sure you play every tap with the same exact volume. The same goes for all of the accents.

3) Rhythm and Timing:
How perfect is your rhythm? Some common areas where mistakes occur:

   a) First two notes of the exercise: The first note defines the exercise starting point and the second note defines the tempo. You must internalize the tempo before you start so that these two notes are 'perfect'.
   b) Underlying sixteenth note pulse: Don't let the accents affect the rhythm!