

Extendo Triplet Diddle

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Snare H $\frac{12}{8}$

r l r l r l.

Purpose:

This exercise focuses on diddle consistency. First, a single diddle is played on each partial of the triplet. Next, 5-stroke rolls are played with all possible permutations across the beat. The exercise ends with a diddle roll and a tap roll.

1) Stick motion:

This exercise should be very mono-height and very legato. Don't change the stick motion when switching from check to roll and vice versa.

2) Sound Quality:

The goal is to play the diddles with the same exact volume and quality of sound as the check patterns. Here are some common mistakes:

- Pounding the release of each roll.
- Playing the second note of each diddle weakly -> bust your chops on sanford double beat!
- Playing the check patterns higher than you can play the rolls.
- Freezing the stick at any point in the exercise, especially on the 'tap' note of a tap roll or tap drag.
- Playing the right hand louder than the left... don't be the guy with the weak left!

3) Rhythm and Timing:

How perfect is your underlying eighth note rhythm? How about the interp on the diddles? Some common problem areas:

- First two notes of the exercise and first two notes after a roll measure: It is very easy to rush check patterns, especially right after playing a measure that is more difficult. Make a conscious effort to control the space between these two notes!
- 'Slurring' diddles: Don't think of the 'diddles' as some nebulous rudiment. The diddles in this exercise are simply a 16th note RHYTHM. Try playing the exercise so slowly that you have to completely stroke out every single note. If you are not thinking about the rhythm of the diddles, it will be very difficult to play the exercise accurately.