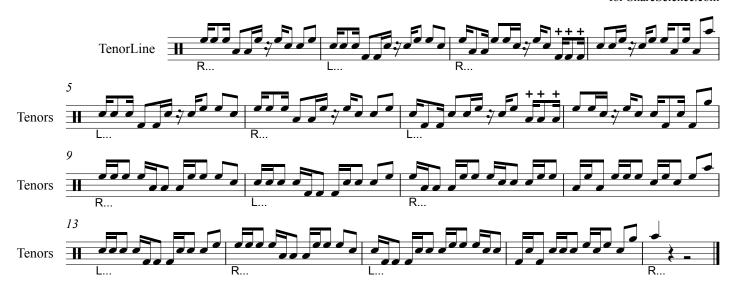
Sanford Double Beat

Advanced Variation

Andrew Werst for SnareScience.com



Be sure to go back and review all the points and concepts discussed on the Beginner Variation page! It is IMPERATIVE that you constantly apply those basic concepts as the material difficulty increases!

Scrapes between drums, especially with triple strokes, is an animal that can take quite a while to tame.

- Focus on the vertical stroke of the stick instead of the horizontal movement between drums. Let the forearms move the stick to where it needs to go and use as little movement as possible.
- Utilize the scrape zones when performing a scrape and utilize the proper playing zones when doing a single or multiple on one drum.
- Beware of "transitional drumming;" remember to not do scrapes over a single drum head