

Irish Spring - African

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for SnareScience.com

Variation 1

TenorLine 
R R R R... R R L R

3 Tenors 
L L L... L L R L R R R R R R L R

6 Tenors 
L L L L L L R L R R R R R R L R L L L L L R L

9 Tenors 
R R L R R L R R L L R R L L R L L R R L L R R R L L L


12 Tenors 
R R R R L L L L R R R R L

14 Variation 2

Tenors 
R R R R... R R L R L L L...


17 Tenors 
L L R L R R R R R R L R L L L L L R L

20 Tenors 
R R R R R R L R L L L L L R L R R L R R L R R L L R R

23 Tenors 
L L R L L R L L R R L L R R R L L L R R R L L L

25 Tenors 
R R R R L L L L R R R R L

27 Variation 3

Tenors 
R R R R... R R L R L L L...

30 Tenors 
L L R L R R R R R R L R L L L L L R L

33
Tenors

R R R R R R L R L L L L L L R L R R L R R L R R L L R R

36
Tenors

L L R L L R L L R R L L R R R L L L R R R L L L

38
Tenors

R R R R L L L L R R R R L

Pull LH under RH
and raise

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Purpose:

The purpose of this exercise is to improve your double stroke quality, as well as your hand to hand transfer consistency. This is the second of three variations of this exercise. Try getting together with friends and splitting Irish, Asian, and African all simultaneously. It sounds awesome and is a lot of fun!

Notes:

This exercise should be relaxed with very legato stick motions. At higher tempos, consider setting your metronome to click once every two beats to help maintain the laid back feel. Really work to bring out the 2nd note of each double stroke.

One of the most common errors in this exercise is morphing the double stroke rhythm just before the hand to hand transfer. This is an excellent exercise in 'finishing the phrase' -- The last double before the alternating eighth notes should be played exactly the same as every other double stroke.

Be sure to maintain proper playing zones throughout all variations and break down any 'sub-zones' as needed when playing scrapes.

Don't tweak your hand angle out or turn your hands over to play on the outer drums; Use the forearms to carry the hands and sticks to where they need to be! And on that note, don't rotate your shoulders either.

Define which crossovers are fulcrum crosses and wrist-over-wrist crosses