

PURPOSE:

- The purpose of this exercise is to improve your quintuplet (or "fivelet") rhythmic interpretation as well as movement around the drums.

NOTES:

- This exercise should be relaxed with very legato stick motions. In general, this exercise is played with full legato strokes, but it can be played with lower heights.
- Because quintuplets are an odd meter, and when played on one drum is completely monotone, it can be helpful to think of the first and third notes of each grouping of five. In this way, you can more easily keep track of where the beat is in relation to the fivelets. THINK accents in your head as follows, but PLAY the fivelets unaccented. (R l R l r L r L r l)
- Play on one drum first to gain a solid understanding of how fivelets feel, then learn the split patterns
- When playing the split pattern, shoulders should not move; the forearms should move the hands/wrists to where they need to be in order to play in the proper playing zones.