

PURPOSE:

- The purpose of this exercise is to develop consistency of sound and rhythm in 32nd note single rolls.

STICK MOTION:

- The stick motion should be no different than when playing eight on a hand; vertical legato strokes.

SOUND QUALITY:

- When played on one drum, this exercise is completely monotone. Every note should sound exactly the same.
- A very common tendency for this exercise will be to play the alternating sticking pattern (the 16th notes) higher than you can play the 32nd note singles. Make sure you adjust the check pattern height so that every note will be consistent.
- Another common tendency will be to pound the last note of every single stroke roll- Don't do it!
- Be sure to play in the proper playing zones. Shoulders should not move, especially when playing Variation 2. Allow the forearms to carry the wrists/hands to where they need to be.

RHYTHM AND TIMING:

- This exercise is designed to teach the lead hand what it should feel like when playing 32nd notes. The first two bars of each variation can be thought of as the check pattern for the 32nd notes. The only thing different in the last two bars is that we are simply adding in the 32nd notes. Don't change what the lead hand is doing throughout the exercise!

VARIATIONS:

- Play at all different heights.
- Play on one drum.
- Play variation 1 off the left hand; Drum 1 will become drum 2, and drum 3 will become drum 4.