

PURPOSE:

- The purpose of this exercise is to develop 16th note timing. Having 16th note timing means the ability to place notes precisely at 16th note divisions. It is important for quad drummer to be able to maintain rhythmic integrity no matter what drums are being played.

STICK MOTION:

- The stick motion should be no different than when playing eight on a hand; vertical legato strokes.

SOUND QUALITY:

- When played on one drum, this exercise is completely monotone. Every note should sound exactly the same. Don't pound the last note! In the measures where a single 16th partial is removed, the hand play8ing the 8th note should not be pounded! Your approach should not change when moving to the split pattern.
- Be sure to play in the proper playing zones. Shoulders should not move, especially when playing Variation 2. Allow the forearms to carry the wrists/hands to where they need to be.

RHYTHM AND TIMING:

- Timing is the main thrust of this exercise. Play this exercise while your metronome (or quad buddy) plays straight 16th notes. Everything should line up perfectly.

VARIATIONS:

- Play at all different heights.
- Play on one drum.